ANF Pain Therapy

AP1 Introduction
ANF Academy has been built to help healthcare professionals achieve a unique understanding of medical and holistic knowledge and the possibility to achieve remarkable results by helping patients restore their healing capabilities with ANF Therapy®.

ANF Academy introduces the student to Frequency Medicine, what is known to be the medicine of the future; and develops a thorough process of learning through different course levels and ongoing mentoring for perfecting ANF skills.

The ANF Pain Therapy Program provides the participants with a unique opportunity to learn about the theoretical insight, practical training, and treatment competencies with unique discs, developed from the best and most visionary holistic therapy in the world.

The program consists of 9 different levels, with partially online courses and partially presence-based training, with a final exam. Participants will be able to implement the therapy in their clinical work right away after the completion of Course 1. No machines or special equipment are necessary.

ANF Therapy® Features

Amino Neuro Frequency Therapy, is a holistic approach to pain and inflammation using the ANF Discs, a revolutionary and innovative technique.

The ANF Disc is a futuristic form of wearable technology that helps normalize the transmission of nervous system signals, without the usage of chemicals or organic substances.

The ANF tool is a small disc made of a PET material (developed by NASA) and a rare carbonized metal. After a complex process, this thin metal layer of the disc has exactly the amount of pure carbonized metal to hold frequencies. This feature makes it possible to charge the disc with frequencies and also send, receive and reflect the frequencies in the body.

Discs can be charged with different oscillation, speed and wave forms, therefore, aiming to target different neurons, cells and organs. They are activated by the heat of the body on which they are placed, and therefore require no external energy source.

The ANF approach is based on personalized assessments, creating individual plans following a holistic methodology to achieve results according to the patient’s combination of alignments.
ANF Methodology to reduce pain & inflammation

By combining ANF Discs, directly applied on the skin and activated by body heat, ANF uses different unique ranges of frequencies to optimize the signalling of the nervous system by restoring the normal biochemical reactions in the cells. The nervous system picks up these frequencies and starts a self-healing and self-regulating process. As a result, symptoms such as pain and/or inflammation decrease, and the bodily functions normalize.

The effect of the ANF Therapy® is almost immediate when applied by a trained ANF Therapist and has remarkable durable results. ANF Therapy® does not require the use of any drugs chemicals or machines.

AnF Therapy® builds on extensive and integrated knowledge of human anatomy, physiology, biochemistry, and neuroscience. It is drug-free and combines a holistic medical framework with the use of an advanced wearable medical device, the ANF Discs.

Frequencies control all body functions

Academy Objectives

➢ Impart knowledge and skills on frequency therapy and holistic approach to healthcare professionals so that they can integrate them into their clinical practice.

➢ Educate therapists on how to use ANF Therapy® and provide them with a unique and revolutionary solution to pain and inflammation to normalize most of the patients’ dysfunctions by implementing it in their clinics.

➢ Educate therapists on how to recognize most important dysfunctions and obstacles for healing and how to find the root cause of pain.

➢ Provide guidelines on how to create a treatment plan.

To whom it is designed

The ANF Pain Therapy Program is designed for healthcare professionals, especially for therapists with palpation and hands-on skills looking for a solution to reduce pain and decrease inflammations without using drugs and organic substances, considering the patient as a whole to address the root cause of pain from a holistic point of view.

Practitioners not only improve their patients’ success rate, but also harvest their clinic growth and personal development.

2 years of practical experience and current license to treat patients are required

Join our Worldwide Community of 800+ ANF Practitioners!
Learning Methods

**Theoretical Insight**

The theoretical insight is the basis for understanding how the Neuro Frequencies interact with the body. It provides the conceptual framework on which the clinical examination is based, in order to determine the cause of the pain.

The theoretical insight acquired progressively through the program will build a clear vision of the treatment’s holistic approach.

**Practical Training**

The practical trainings focus on palpation techniques for clinical examination, manual therapy, and treatment methodology.

The different techniques will be practised among participants and on test patients. Participants will learn how to prepare customized ANF protocols using the discs to address pain and inflammation and normalize the affected body functions.

Based on the ANF Therapy® framework, we examine the body following the nerve paths and focus on finding the root cause.

**Presence required (online or physical)**

- Self-study and practice at own pace
- Not applicable for this course

Learn an innovative therapy
AP1 - Pain & Inflammation Management

This first course introduces ANF Therapy®’s holistic approach to pain and inflammation, based on frequency medicine, the medicine of the future.

Course content:

• Introduction to ANF Therapy®
• Definition of neuro frequencies and their impact on orthopedic injuries
• Understanding the Central Nervous System, the inflamed nerve, and the development of musculoskeletal symptoms
• Importance of our antioxidants and the obstacles for tissue healing
• Types of pain and inflammation in orthopedic tissue injuries
• Management of pain and inflammation with ANF Discs and design of ANF protocols for common injuries

Evaluation:

Quizzes – Theoretical test (10 questions) – Practical assignments (5 cases upload)

Diagnosis Scope:

✓ Soft tissue inflammation
✓ Muscle strains
✓ Ligament sprains
✓ Tendinopathies
✓ Bursitis
✓ Contusion
✓ Acute injuries
✓ Injuries due to minor trauma

My ANF Toolbox:

AP1 introduces to the use of SIX discs from the following categories

- Pain: 2
- Antioxidants: 3
- Mental: 1

Learning Hours:

9 3 1 1 1 2 5 2 0.5
ANF Pain Therapy Program

**Includes the following:**
- Discs for testing patients
- Treatment protocols
- Course completion certificates
- e-Learning platform
- Mentoring & forum
- Palpation practice
- Chat & Support service
- Worldwide Social groups

**Qualifies the ANF Therapist to:**
- Receive starter packages of discs included in each course
- Practice the ANF Pain Therapy in their clinics after Course 1
- Purchase the ANF Discs practised in the courses
- Purchase documentation about ANF Therapy® customizable to their clinic’s image