



ANF Therapy

COURSE 1 & 2 ONLINE PROGRAM

The ANF Therapy online program provides the participants with a unique opportunity to learn about the theoretical insight, practical training and disc treatment competencies developed from the best and most visionary holistic therapies in the world.

The program consists of partially online courses and partially in-person training. Upon completion of courses 1 & 2, the participants will have received the knowledge required to be able to implement the therapy in their clinical work.

The Online Courses 1 & 2 combine theoretical knowledge and palpation training through instructional videos. The Practical Training course is a combination of theory, practice among participants, practice among test patients, group work and personal experience shared by the instructor.

After the course 1 & 2, you can implement ANF Therapy in your clinic right away.

No machines or special equipment are necessary. The course is based on three fundamental building blocks: theoretical insight, practical training and ANF Disc treatment.



Theoretical insight

The theoretical insight is the basis for understanding how the Neuro Frequencies interact with the body. It provides the conceptual framework on which the clinical examination is based, in order to determine the cause of the pain.

The theoretical insight which is progressively acquired through the two first courses will build a clear vision of the treatment's holistic approach.

Practical training

The practical training focuses on techniques for clinical examination, manual therapy and treatment methodology.

The different techniques will be practiced among participants and on test patients. Participants will learn how to prepare customized ANF disc protocols to address pain and inflammation and normalize the affected body functions. Based on the ANF Therapy framework, we examine the body following the nerve paths and focus on finding the root cause of the patient's problem.

ANF Disc treatment

Amino Neuro Frequency Therapy consists of thin circular discs that are applied directly on the skin. They transmit neuro frequencies through the neurons in the body. The nervous system picks up these frequencies, starting a self-healing and self-regulating process.

By improving the signalling directly at the cellular level, without the use of chemicals or equipment, the results are not only faster, they are without side effects.

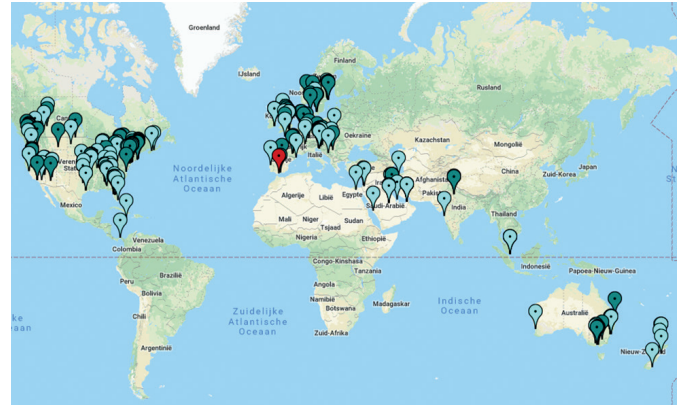


an INNOVATIVE THERAPY

ANF uses frequencies to optimize the signaling of the nervous system by restoring the normal biochemical reactions in the cells. As a result, symptoms such as pain and/or inflammation decrease, and the bodily functions normalize.

Frequencies control all functions in the body

ANF Therapy builds on extensive and integrated knowledge of human anatomy, physiology, biochemistry and neuroscience. It is drug-free, and combines a holistic medical framework with the use of an advanced wearable medical device, the ANF Discs.



Join more than 700 ANF practitioners around the World.

REDUCE PAIN & INFLAMMATION IN MINUTES



How does ANF work?

By combining the ANF Discs, a frequency emitting wearable device. Each disc is applied directly on the skin and is activated by body heat. ANF Discs transmit a unique range of frequencies through the neurons in the body. The nervous system picks up these frequencies, starting a self-healing and self-regulating process, by improving the nervous system signalling directly at the cellular level.

The effect of the treatment is almost immediate when applied by a trained ANF Therapist and has remarkable durable results. ANF Therapy does not require the use of any drugs, chemicals or machines.

“Most mind Blowing therapy I have ever seen in over a decade of obsessive pain and performance research, patients are amazed and so am I.”

- Chiropractor, Charleston USA





COURSE 1 & 2 ONLINE PROGRAM

Online Program Parts 1 & 2

Course 1: Basic Pain & Inflammation

Block I

Presentation
Methodology I
Frequencies

Patient Information
Discs Description
Palpation Neck

Block II

Nervous System
Methodology II
Antioxidants

Videos Palpation
Upper Body
Upper Body Protocols

Block III

Types of Pain
Pain Management
Clinical Injuries

Videos Palpation
Lower Body
Lower Body Protocols

Block IV

Guided Test Patient

Self-Implement
Online Test

Total 16 Hours [incl. extra material].

Type of instructional method: Videoconferencing Lectures/ Instructional videos.

Course 2: Advanced Pain, Inflammation & Antioxidants

Block I

Invisible Inflammation
Glutathione

Discs Description
Video Full Body Examination

Block II

Carnosine
Human Energy

Extra Videos Examination
Basic ANF Protocols

Block III

Melatonin
Basic Protocols

Self-Implement

Online Exam

Total 8 Hours [incl. extra material].

Type of instructional method: Videoconferencing Lectures/ Instructional videos.

Master Classes Online: Phases of Treatment, Lymphatic System, Energy

Total 9 Hours [incl. extra material].

Type of instructional method: Lectures & Instructional videos / Articles.

Program Part 3 [not online]

Course Practical Training [requiring presence at the given location]

DAY 1

09:00 Welcome & Questions
10:00 Disc Description
10:30 Practical on each other
12:00 Lunch break
13:00 Practical on each other
14:00 Practical on each other
14:45 Coffee break
15:00 Test patient
16:00 Review
17:00 End of session

DAY 2

09:00 Questions / Practical on each other
10:00 Test Patient
11:00 Test Patient
12:00 Lunch break
13:00 Test patient
14:00 Test patient
14:45 Coffee break
15:00 Test patient
16:00 Review / Certificates
17:00 End of session

Total 16 Hours [incl. extra material]. Type of instructional method: Lecture / Practical demonstration.



ANF LEARNING OUTCOMES

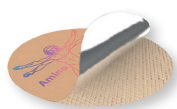
Upon completion of ANF course 1 & 2, the participant will be able:

- To perform a basic orthopedic ANF assessment covering the most important body parts, including the nervous, lymphatic and vascular system.
- To establish a ANF diagnosis, by searching for the root cause of pain.
- To be able to combine different ANF Discs to create specific ANF protocols.

Course 1 & 2 introduces to the use of the following discs.

- Disc selection below is sufficient to help 80% of all pain and inflammation cases:

PAIN



- P-1 Pain negative P-1
- P-9 Pain negative P-9
- P130 Pain & Inflammation 130
- P200 Pain & Inflammation 200
- P217 Pain & Inflammation 217
- P271 Pain & Inflammation 271

ANTIOXIDANTS



- ACA Carnosine Antioxidant
- AGL Glutathione Antioxidant
- WXC X-tra Immune Boost
- NX2 Oxygen X-tra Strong
- HXH Muscle Power Enhancer
- M2 Melatonin Strong

MENTAL

- MC Medical Calm
- AS Anti Stress
- MF2 Mental Focus Strong
- ES+ Emotional Stress+
- ES- Emotional Stress-
- MCS Medical Calm Strong

BODY OPTIMIZATION

- E+6 Energy +6
- E-1 Energy -1
- HD2 Herniated Disk Strong
- BF2 Blood Flow Circulation Strong
- FJT Fluid Joint Tissue

ORGAN FUNCTIONS

- HA2 Heart Function Strong

Discs access: C1: P200, P-9, AGL, ACA, M2, MC

C2: P-1, P130, NX2, BF2, HA2, AS

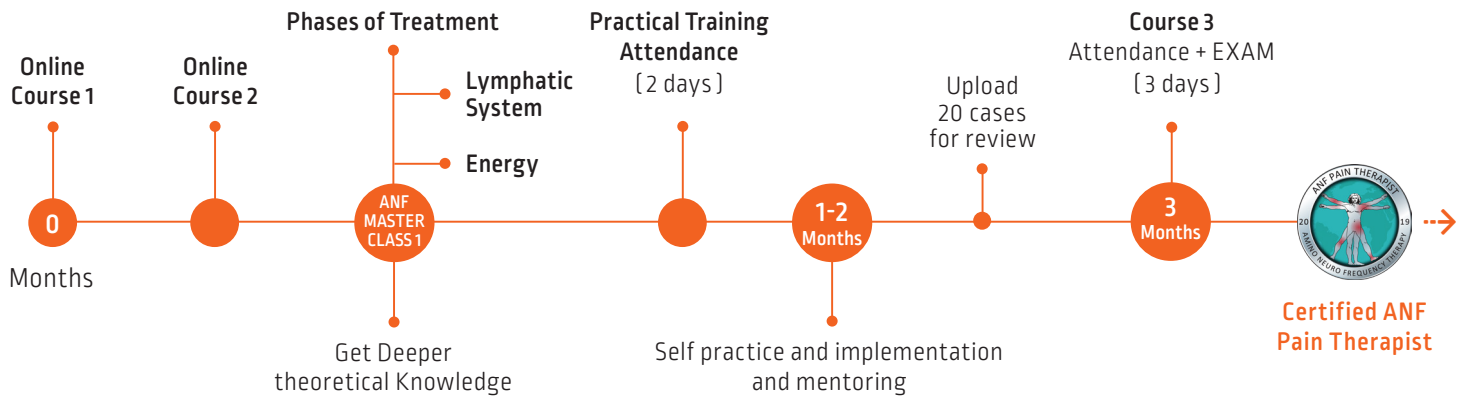
PT: P271, P217, MCS, ES-, ES+, MF2, WXC, HXH, E+6, E-1, HD2, FJT

DIAGNOSIS COURSE 1 & 2

- | | | | |
|--------------------|-----------------------|-----------------------|--------------------------|
| • SI Joint | • Ankle Strain | • Frozen Shoulder | • Lumbar Pain |
| • Tennis Elbow | • Hamstring | • Shoulder Pain | • Adductors Tendinitis |
| • ITB Syndrome | • Meniscus | • Biceps Tendinitis | • Carpal Tunnel syndrome |
| • Hip / groin pain | • Sciatic Pain | • Impingement | • Sprained Joint |
| • Jumper's Knee | • Piriformis Syndrome | • Ankle Sprain | • Plantar Fasciitis |
| | | • Achilles Tendinitis | |



ANF CONTINUING EDUCATION



CERTIFIED ANF PAIN THERAPIST

- Clinical / Orthopedic Injuries
- Pain Management
- Acute/Chronic Inflammation
- Referred Pain
- Nervous System
- Antioxidants
- Human Body Energy
- Immune System

COURSE 1 & 2 ONLINE

Includes the following:



Discs for test patients



Personal test treatment



Treatment protocols



Attendance Certificate



Mentor & Course site



Inspiration Forum

ANF COURSES QUALIFIES THE THERAPISTS TO:

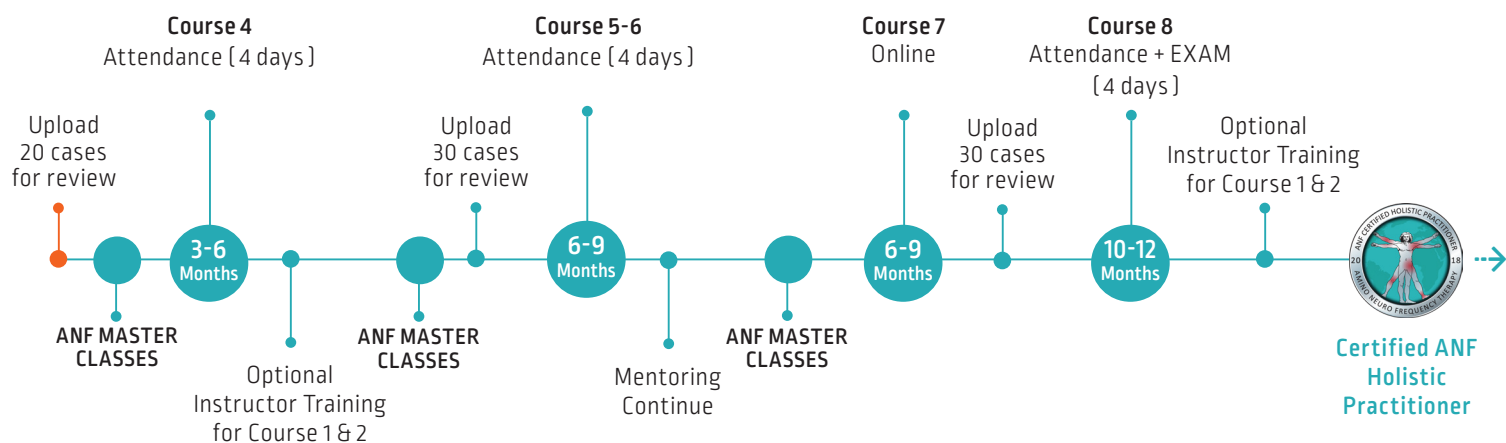
- ✓ Receive an ANF Academy attendance certificate
- ✓ Practice the ANF Pain Therapy in their clinics
- ✓ Purchase the ANF Discs practiced in the course
- ✓ Access the online training portal with further materials and protocols
- ✓ Purchase hard-copy material developed for patients
- ✓ Access relevant articles and science online
- ✓ Watch ANF Assessment Tutorial Videos

Course 3 + ANF Pain Examination

ANF Pain Therapist Certification Test is part of the quality control of ANF Academy. This ensures that all therapists that continue to ANF Course 4 have the basic knowledge in place to build on.

The objectives of the course are to sharpen clinical examination skills and learn advanced ANF Disc protocols to address pain and inflammation in different body areas.

The focus of this third course is therefore on practical training, where the techniques and the treatments already learned will be further explored and new combination of discs examined. Manual therapy will be incorporated in the treatment plan.



CERTIFIED ANF HOLISTIC PRACTITIONER

- Holistic In-depth Practice
- Oxidative Stress
- Invisible Inflammation
- Lymphatic System
- Cardiovascular System
- Organs & Glands
- Autoimmune Disorders
- Mental Disorders

Course 4

The objective of Course 4 is to introduce therapists to the treatment of organs, endocrine system and lymphatic system.

The focus of Course 4 is both on theoretical as well as practical training, in order to be able to identify and treat different dysfunctions which may affect patients and slow down their recovery.

Course 4 provides participants with a unique opportunity to gain a deeper theoretical insight on the holistic approach of ANF Therapy as well as acquire a broader set of skills to design personalized protocols to normalize body functions.

Course 5 & 6

The objective of Course 5 is to share essential knowledge and clinical experience on autoimmune disorders as well as chronic diseases, such as fibromyalgia, chronic fatigue syndrome and migraine.

The focus of Course 5 is both on theoretical insight and practical training, in order to enable therapists to design advanced protocols.

The objective of Course 6 is to further share essential knowledge and clinical experience in using ANF Therapy for treatment of chronic pain and disorders.

The focus of Course 6 is therefore only on practical training on test patients, for therapists to master clinical examination techniques of the whole body's functions and further acquire hands-on experience in designing advanced ANF protocols.

Course 7

The objective of course 7 is to share additional knowledge and clinical experience on treatment of chronic pain, chronic stress and mental disorders.

The focus of course 7 is both on theoretical knowledge and practical training. By attending this last course, therapists will complete the Amino Academy education and acquire the holistic mindset necessary to integrate the endless applications of ANF Therapy into their clinical work.

Course 8 + ANF Holistic Examination

The objective of course 8 is to enhance the therapist's ANF knowledge by reviewing the relevant aspects of ANF Holistic Therapy and sharing new and recent updates.

Course 8 will focus on practical training on test patients with relevant diagnosis of chronic pain and disorders, to further master clinical examination techniques and acquire new strategies to design and create advanced ANF protocols.